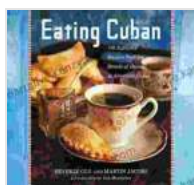


120 Authentic Recipes From The Streets Of Havana To American Shores

A Culinary Journey Through Cuba's Vibrant Food Culture

If you're a food lover, then you know that there's no better way to experience a culture than through its cuisine. And when it comes to Cuba, the food is as vibrant and flavorful as the people themselves.

In 120 Authentic Recipes From The Streets Of Havana To American Shores, award-winning chef and author Maricel Presilla takes you on a culinary journey through Cuba's rich and diverse food culture. With over 120 recipes, this cookbook is a comprehensive guide to Cuban cooking, from classic dishes like Ropa Vieja and Arroz con Pollo to lesser-known gems like Tostones Rellenos and Fricasé de Pollo.



Eating Cuban: 120 Authentic Recipes from the Streets of Havana to American Shores by Beverly Cox

★★★★☆ 4.4 out of 5

Language : English
File size : 15749 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 192 pages
Lending : Enabled

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But this cookbook is more than just a collection of recipes. It's also a celebration of Cuban culture and history. Presilla provides fascinating insights into the origins of Cuban cuisine, as well as the stories behind the dishes themselves. She also includes beautiful photographs of Cuba and its people, making this cookbook a truly immersive experience.

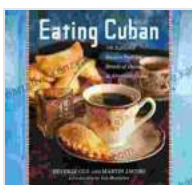
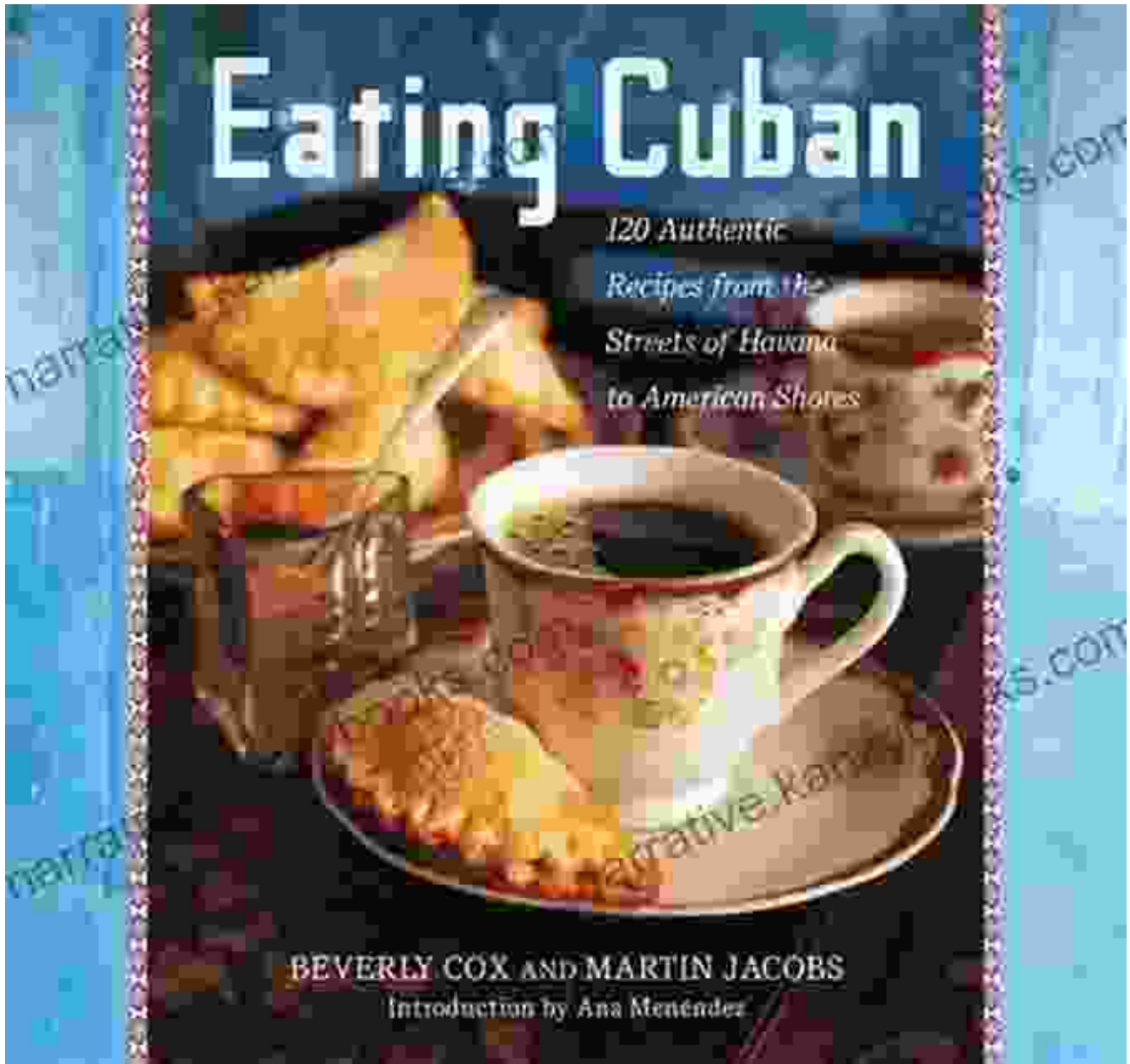
Whether you're a seasoned Cuban cook or just starting to explore this delicious cuisine, *120 Authentic Recipes From The Streets Of Havana To American Shores* is the perfect cookbook for you. With its easy-to-follow recipes, stunning photography, and fascinating cultural insights, this cookbook will transport you to the heart of Cuba's vibrant food scene.

Here's a taste of what you'll find inside:

- **Classic Cuban dishes** like Ropa Vieja, Arroz con Pollo, and Tostones Rellenos
- **Lesser-known gems** like Fricasé de Pollo, Picadillo a la Habanera, and Arroz con Gandules
- **Easy-to-follow recipes** that are perfect for home cooks of all levels
- **Stunning photography** of Cuba and its people
- **Fascinating cultural insights** into the origins of Cuban cuisine

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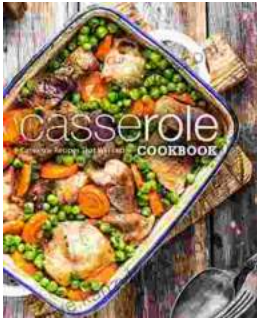


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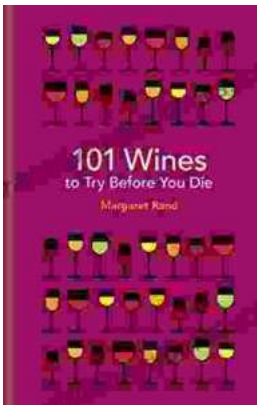
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