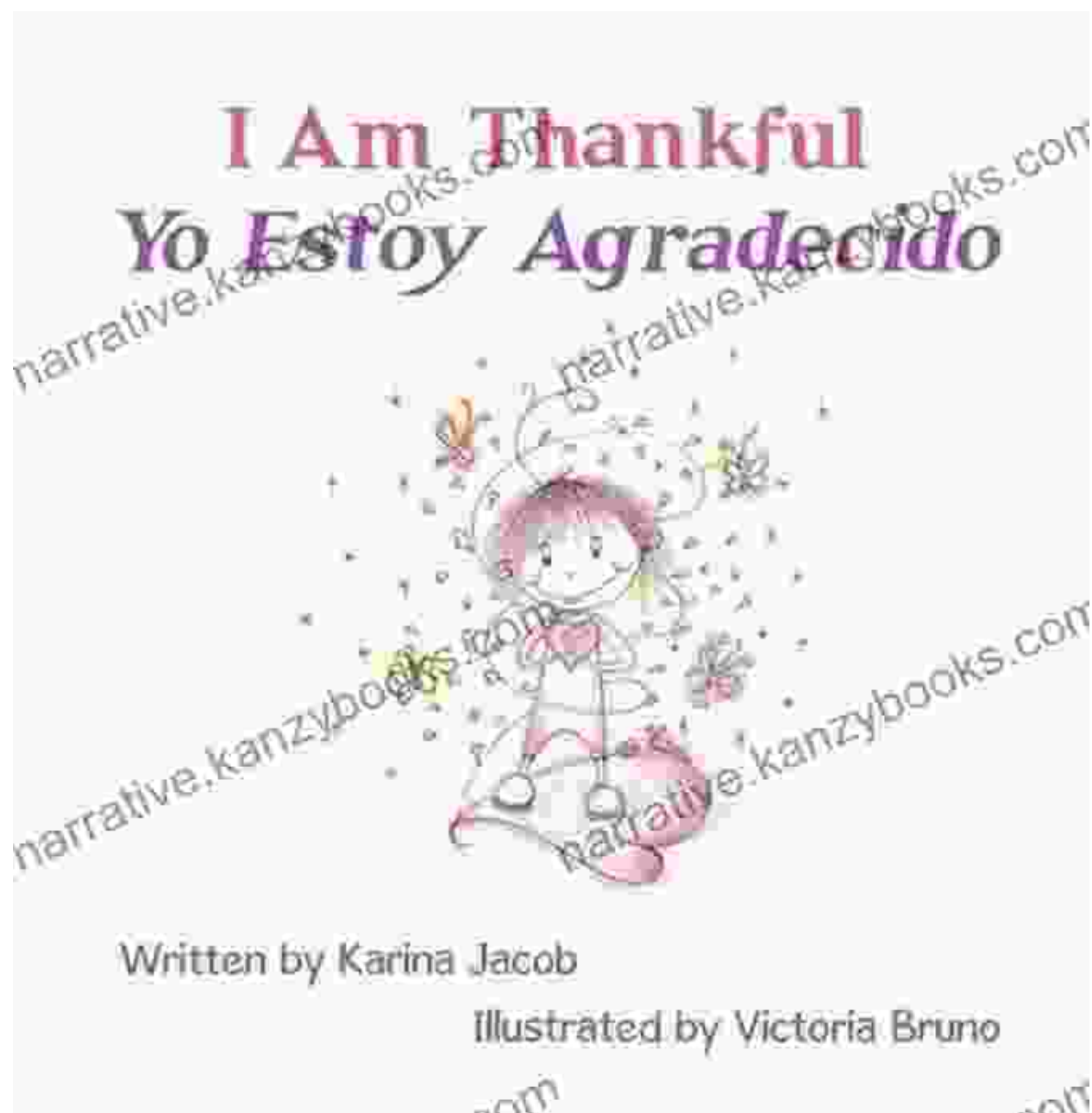


Am Thankful Estoy Agradecido: A Journey of Gratitude in Two Languages

By Bethany Bilingual



I am Thankful Estoy Agradecido: Bethany's Bilingual
Books by Bethany Ann



★★★★☆ 4.8 out of 5

Language : English

File size : 9095 KB

Print length : 27 pages

Lending : Enabled



Am Thankful Estoy Agradecido is a bilingual children's book that teaches the importance of gratitude in both English and Spanish. The book follows a young child as he learns to appreciate the simple things in life, such as his family, friends, and the world around him.

With beautiful illustrations and a heartwarming story, Am Thankful Estoy Agradecido is a perfect way to introduce children to the concept of gratitude and help them develop a positive outlook on life.

What is gratitude?

Gratitude is the feeling of appreciation for what one has. It is a positive emotion that can have a number of benefits, including:

- Increased happiness
- Improved relationships
- Reduced stress
- Better sleep
- Increased self-esteem

Gratitude is a skill that can be learned and practiced by anyone. One of the best ways to cultivate gratitude is to keep a gratitude journal. Each day, write down three things that you are grateful for. This could be anything from your family and friends to your health or the beauty of nature.

Why is gratitude important for children?

Gratitude is an important life skill that can help children to:

- Develop a positive outlook on life
- Appreciate the simple things
- Be more content with what they have
- Build strong relationships
- Cope with stress and adversity

Am Thankful Estoy Agradecido is a great way to introduce children to the concept of gratitude and help them to develop a grateful heart.

Free Download your copy today!

Am Thankful Estoy Agradecido is available for Free Download on Our Book Library, Barnes & Noble, and other major retailers.

Free Download your copy today and start teaching your child the importance of gratitude!

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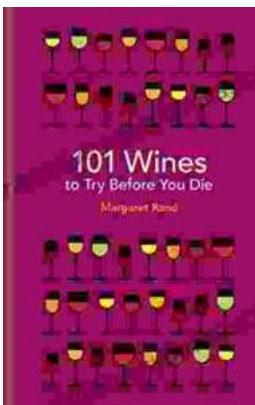


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