

An Easy Guide On How To Make Your Own Hand Sanitizer To Kill Germs Viruses And Protect Yourself

In today's world, it's more important than ever to protect yourself and others from the spread of germs and viruses. One of the most effective ways to do this is by using hand sanitizer. However, hand sanitizer can be expensive, and it's not always available when you need it. That's why we've put together this easy-to-follow guide on how to make your own hand sanitizer. With just a few simple ingredients, you can create a powerful hand sanitizer that will help you stay healthy and germ-free.



DIY HOMEMADE HAND SANITIZER FOR BEGINNERS: An Easy Guide on How to Make your own Hand Sanitizer to kill Germs, Viruses and Bacteria

by BELLA CORNELIUS

★★★★★ 5 out of 5

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What You'll Need

- 70% isopropyl alcohol (rubbing alcohol)

- Aloe vera gel
- Essential oils (optional)
- Empty container (such as a travel-sized bottle)

Instructions:

1. In a clean container, combine 2/3 cup of isopropyl alcohol with 1/3 cup of aloe vera gel.
2. Add 10-15 drops of essential oils, if desired. Essential oils such as tea tree oil, lavender oil, or peppermint oil have antibacterial and antiviral properties.
3. Shake the mixture well until all of the ingredients are combined.
4. Pour the mixture into an empty container.
5. To use, apply a small amount of hand sanitizer to your hands and rub them together until they are dry.

Tips

- Be sure to use 70% isopropyl alcohol. Lower concentrations of alcohol will not be effective at killing germs and viruses.
- Aloe vera gel will help to soothe and moisturize your skin.
- Essential oils can be added to give your hand sanitizer a pleasant scent and additional antibacterial and antiviral benefits.
- Store your hand sanitizer in a cool, dark place.
- Use your hand sanitizer frequently, especially after touching surfaces that may be contaminated with germs or viruses.

Making your own hand sanitizer is a quick, easy, and affordable way to protect yourself and others from the spread of germs and viruses. With just a few simple ingredients, you can create a powerful hand sanitizer that will help you stay healthy and germ-free.

So what are you waiting for? Start making your own hand sanitizer today!

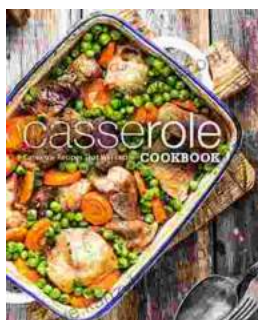


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