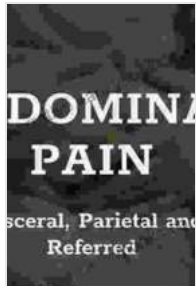


Chronic Abdominal and Visceral Pain: A Comprehensive Guide for Clinicians



Chronic Abdominal and Visceral Pain: Theory and Practice by Berthe Arlo

★★★★★ 5 out of 5

Language : English

File size : 12491 KB

Screen Reader: Supported

Print length : 552 pages



Chronic abdominal and visceral pain is a common and often debilitating condition that can significantly impact the quality of life. This book provides a comprehensive overview of the latest research and clinical approaches to the diagnosis and management of chronic abdominal and visceral pain, offering practical guidance for clinicians working in this field.

Overview of Chronic Abdominal and Visceral Pain

Chronic abdominal and visceral pain is defined as pain that persists for more than 3 months and originates from the abdomen or pelvis. It can be a primary condition, meaning that it is not caused by another underlying medical condition, or it can be secondary to another condition, such as irritable bowel syndrome (IBS), inflammatory bowel disease (IBD), or endometriosis.

The symptoms of chronic abdominal and visceral pain can vary depending on the underlying cause, but common symptoms include:

- Cramps
- Dull ache
- Burning sensation
- Nausea
- Vomiting
- Constipation
- Diarrhea
- Weight loss
- Fatigue

Diagnosis of Chronic Abdominal and Visceral Pain

The diagnosis of chronic abdominal and visceral pain is based on a combination of the patient's history, physical examination, and diagnostic tests. The patient's history will include questions about the onset, duration, and severity of their pain, as well as any associated symptoms.

The physical examination will include a thorough examination of the abdomen and pelvis. Diagnostic tests that may be used to evaluate chronic abdominal and visceral pain include:

- Blood tests
- Imaging tests, such as X-rays, CT scans, or MRI scans
- Endoscopy
- Colonoscopy

Treatment of Chronic Abdominal and Visceral Pain

The treatment of chronic abdominal and visceral pain depends on the underlying cause. In some cases, the pain can be managed with conservative measures, such as:

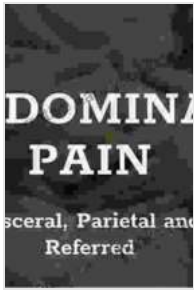
- Over-the-counter pain relievers
- Heat or cold therapy
- Dietary changes
- Stress management techniques

In other cases, more aggressive treatment may be necessary, such as:

- Prescription pain medication
- Surgery
- Nerve blocks

Chronic abdominal and visceral pain is a complex and often challenging condition to manage. This book provides a comprehensive overview of the latest research and clinical approaches to the diagnosis and management of chronic abdominal and visceral pain, offering practical guidance for clinicians working in this field.

With the information provided in this book, clinicians will be better equipped to provide effective and compassionate care to patients with chronic abdominal and visceral pain, helping them to improve their quality of life.



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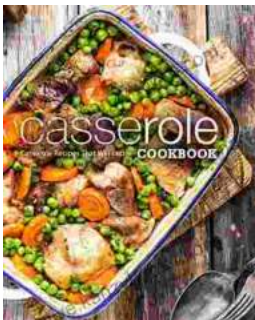
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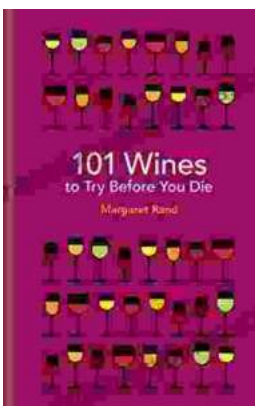
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