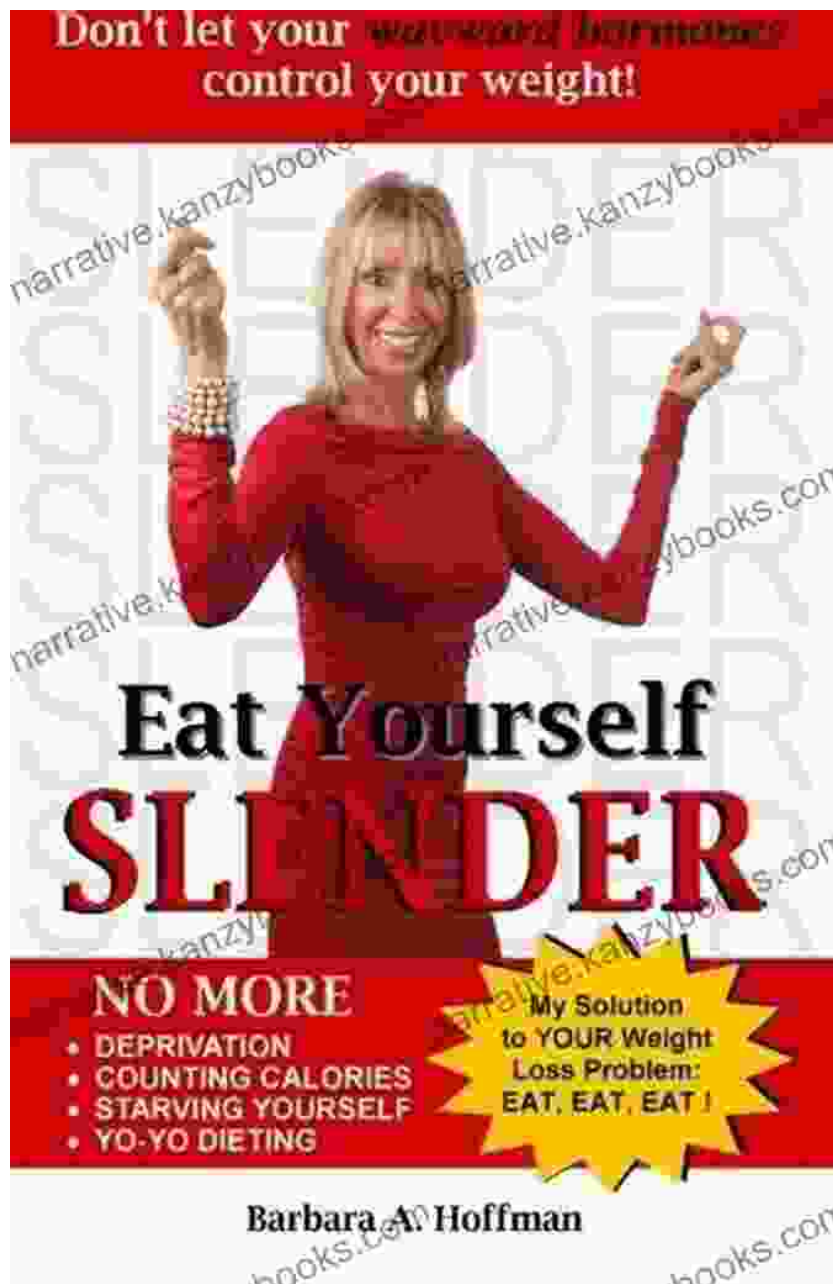


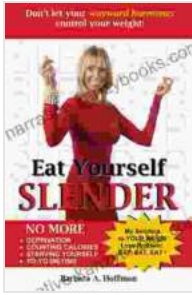
Eat Yourself Slender: Do Not Let Your Wayward Hormones Make You Fat



Eat Yourself SLENDER - Do NOT let your wayward hormones make you fat! by Barbara Hoffman

★★★★☆ 4.4 out of 5

Language : English



File size	: 4221 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 150 pages
Lending	: Enabled



Are you tired of fad diets and endless weight loss struggles? If you're a woman over 40, you're not alone. As we age, our hormones can start to fluctuate, making it harder to lose weight and keep it off. But what if there was a way to take control of your hormones and achieve lasting weight loss success? That's where the Eat Yourself Slender program comes in.

What is the Eat Yourself Slender Program?

The Eat Yourself Slender program is a revolutionary approach to weight loss that focuses on balancing your hormones. When your hormones are in balance, you'll find it easier to lose weight, boost your energy levels, and improve your overall health. The program includes a personalized nutrition plan, hormone-balancing supplements, and a comprehensive exercise program.

The Benefits of the Eat Yourself Slender Program

The Eat Yourself Slender program has a number of benefits, including:

- **Weight loss:** The program is designed to help you lose weight and keep it off for good.

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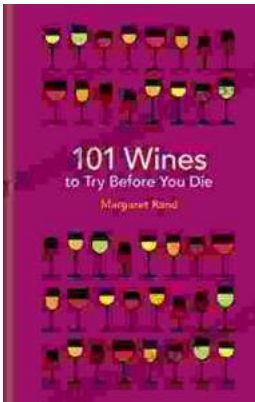
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