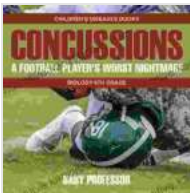


Football Player's Worst Nightmare: Biology 6th Grade Children Diseases

Football is a great sport, but it can also be dangerous. Every year, thousands of football players are injured, some of them seriously. One of the most common injuries is a concussion, which can cause headaches, nausea, vomiting, and even seizures. In some cases, a concussion can even be fatal.

Another common injury in football is a broken bone. Broken bones can occur in any part of the body, from the fingers to the toes. They can be very painful and can take a long time to heal.



Concussions: A Football Player's Worst Nightmare - Biology 6th Grade I Children's Diseases Books

by Baby Professor

★★★★☆ 4.6 out of 5

Language : English

File size : 3885 KB

Screen Reader: Supported

Print length : 64 pages



In addition to injuries, football players can also be exposed to a variety of diseases. These diseases can range from minor illnesses, such as the common cold, to more serious conditions, such as meningitis. Some of the most common diseases that football players can get are:

- The common cold
- Influenza
- Meningitis
- Staph infections
- MRSA

The common cold is a minor illness that is caused by a virus. Symptoms of the common cold include a runny nose, sneezing, and a sore throat.

Influenza is a more serious illness that is also caused by a virus. Symptoms of influenza include fever, chills, muscle aches, and fatigue.

Meningitis is a bacterial infection of the membranes that line the brain and spinal cord. Symptoms of meningitis include fever, headache, stiff neck, and nausea.

Staph infections are caused by the bacteria *Staphylococcus aureus*. Symptoms of a staph infection can include skin irritation, boils, and abscesses.

MRSA is a type of staph infection that is resistant to many antibiotics. Symptoms of MRSA are similar to those of other staph infections, but MRSA can be more difficult to treat.

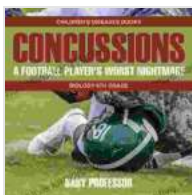
Football players can reduce their risk of getting injured or sick by following these tips:

- Wear proper safety gear, including a helmet, shoulder pads, and cleats.
- Warm up before playing and cool down afterwards.
- Stay hydrated by drinking plenty of fluids.
- Get regular medical checkups.
- Tell your doctor if you have any symptoms of an injury or illness.

By following these tips, football players can help to stay healthy and safe.

Additional Resources

- Centers for Disease Control and Prevention: Concussion
- Mayo Clinic: Broken Bone
- Centers for Disease Control and Prevention: Meningitis
- Centers for Disease Control and Prevention: MRSA



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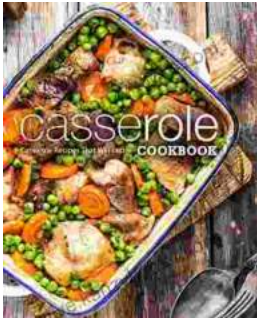
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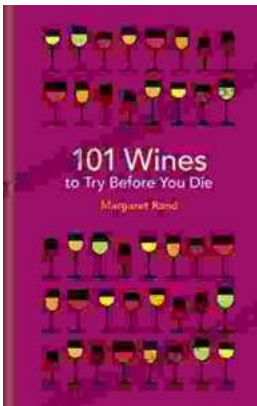
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