

# Padmasambhava: Unveiling the Profound Teachings of the Six Bardos



## Natural Liberation: Padmasambhava's Teachings on the Six Bardos by B. Alan Wallace

★★★★☆ 4.7 out of 5

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Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 369 pages

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# NATURAL LIBERATION

*Padmasambhava's Teachings on the Six Bardos*



Commentary by Gyatrul Rinpoche  
Translated by B. Alan Wallace

## **Embark on a Transformative Journey of Enlightenment and Self-Discovery**

Padmasambhava, revered as the Father of Tibetan Buddhism, has left an enduring legacy of wisdom and profound teachings that continue to guide seekers on the path to enlightenment. Among his most important teachings

are those on the Six Bardos, an essential roadmap for navigating the stages of life and the ultimate nature of reality.

In this comprehensive and captivating book, we delve into the profound teachings of Padmasambhava on the Six Bardos, offering a comprehensive understanding of this transformative journey. Through meticulous research and insightful analysis, this book unveils the hidden depths of these teachings, making them accessible and relatable to contemporary readers.

### **The Six Bardos: Unveiling the Stages of Life and Beyond**

The Six Bardos, as expounded by Padmasambhava, provide an illuminating framework for understanding the transitions and experiences we undergo from birth to death and beyond. These six stages are:

1. **The Bardo of This Life:** Embracing the present moment and navigating the challenges and opportunities of life.
2. **The Bardo of Dreaming:** Exploring the hidden realms of the unconscious and the transformative power of dreams.
3. **The Bardo of Meditation:** Deepening our spiritual practices and connecting with the true nature of our being.
4. **The Bardo of Dying:** Facing the inevitability of death and preparing for the transition to the afterlife.
5. **The Bardo of Dharma:** Embracing the teachings of the dharma and seeking liberation from the cycle of rebirth.
6. **The Bardo of Becoming:** Taking rebirth and continuing the journey of evolution and enlightenment.

## **Unveiling the Profound Wisdom of Padmasambhava**

Through the lens of Padmasambhava's teachings, this book unlocks the profound wisdom and insights hidden within the Six Bardos. We explore:

- The nature of karma and its impact on our lives and future.
- The illusion of self and the importance of cultivating compassion and emptiness.
- The transformative power of meditation and mindfulness in preparing for death and beyond.
- Practical guidance for navigating the challenges and opportunities of each bardo.
- Insights into the nature of reality and the ultimate goal of enlightenment.

## **Your Essential Guide to Enlightenment and Liberation**

Whether you are a seasoned practitioner seeking to deepen your understanding of Tibetan Buddhism or a newcomer curious about the profound teachings of Padmasambhava, this book is an invaluable resource. It is a comprehensive guide to the Six Bardos, offering a wealth of wisdom and practical tools for your journey of self-discovery and enlightenment.

As you immerse yourself in these teachings, you will gain a profound understanding of the nature of life and death, the illusions we cling to, and the path to true liberation. Padmasambhava's wisdom will illuminate your path and guide you through the challenges and opportunities of each bardo, ultimately leading you to the ultimate realization of your true nature.

## Free Download Your Copy Today and Embark on Your Transformative Journey

"Padmasambhava: Teachings on the Six Bardos" is now available through leading online booksellers. Free Download your copy today and begin your transformative journey of enlightenment and self-discovery. Embrace the profound wisdom of Padmasambhava and unlock the hidden depths of the Six Bardos.

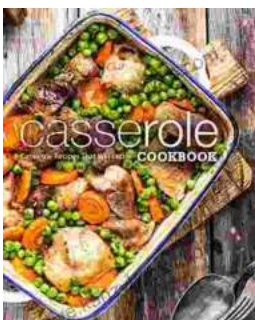
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