

Shonishin: The Art of Non-Invasive Paediatric Acupuncture

Shonishin is a gentle and effective form of acupuncture that is specifically designed for children. It is a safe and natural way to treat a wide range of childhood ailments, from colic and constipation to asthma and allergies.



Shonishin: The Art of Non-Invasive Paediatric Acupuncture by Body and Brain Yoga Education

★★★★☆ 4.2 out of 5

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Enhanced typesetting : Enabled
Print length : 290 pages
Screen Reader : Supported



Shonishin is based on the principles of traditional Chinese medicine, but it uses a much gentler approach than traditional acupuncture. Instead of inserting needles into the skin, shonishin practitioners use a variety of techniques to stimulate the body's natural healing response. These techniques include gentle tapping, stroking, and pressing.

Shonishin is a very safe and effective treatment for children. It is non-invasive, painless, and has no side effects. Shonishin can be used to treat a wide range of childhood ailments, including:

- Colic

- Constipation
- Diarrhea
- Gas
- Asthma
- Allergies
- Eczema
- Bedwetting
- Night terrors
- Anxiety
- Depression

Shonishin can also be used to improve a child's overall health and well-being. It can help to boost the immune system, improve sleep, and increase energy levels.

If you are looking for a safe and natural way to treat your child's health problems, shonishin is a great option. It is a gentle and effective treatment that can help your child feel better and live a healthier life.

How does shonishin work?

Shonishin works by stimulating the body's natural healing response. This is done by stimulating specific points on the body that are associated with different organs and systems. When these points are stimulated, they send signals to the brain, which then sends out hormones and other chemicals that help to heal the body.

Shonishin is a very gentle treatment. It does not involve the use of needles, and it is not painful. In fact, most children find shonishin to be very relaxing.

What are the benefits of shonishin?

Shonishin has a number of benefits for children, including:

- It is a safe and natural treatment.
- It is non-invasive and painless.
- It can be used to treat a wide range of childhood ailments.
- It can help to improve a child's overall health and well-being.

Who can benefit from shonishin?

Shonishin is a great option for children of all ages, from infants to teenagers. It can be used to treat a wide range of childhood ailments, from colic and constipation to asthma and allergies.

Shonishin is also a great option for children who are struggling with their overall health and well-being. It can help to boost the immune system, improve sleep, and increase energy levels.

How can I find a shonishin practitioner?

Shonishin practitioners are available in most major cities. You can find a shonishin practitioner by searching online or by asking your doctor for a referral.

When you are looking for a shonishin practitioner, it is important to find someone who is experienced and qualified. You should also make sure that the practitioner is licensed and insured.

Shonishin is a safe and effective form of acupuncture that is specifically designed for children. It is a gentle and non-invasive treatment that can help to treat a wide range of childhood ailments. Shonishin can also be used to improve a child's overall health and well-being.

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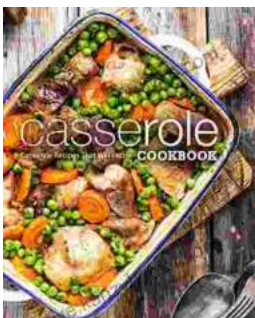


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