

Unlock the Power of Essential Oils: 165 Recipes for Health and Harmony

Immerse Yourself in the Realm of Aromatherapy

Prepare to embark on an extraordinary journey into the world of essential oils, where nature's fragrant essences converge to create a symphony of scents that will uplift your spirit, comfort your body, and nourish your soul. Our meticulously curated collection of 165 recipes harnesses the therapeutic powers of essential oils to transform your home into an aromatic haven and empower you with natural remedies for enhanced well-being.



Essential Oils DIYs: 165 Recipes With Essential Oils For Candles, Diffuser Blends, Soaps, Pain Relieving Remedies, Face Creams And Masks by Barb Rogers

★★★★☆ 4.6 out of 5

Language : English
File size : 6026 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 192 pages
Lending : Enabled



Candles: Illuminating Ambiance with Fragrant Delights



- **Serene Sanctuary Candle:** Create a tranquil oasis with this candle blend of lavender, bergamot, and ylang-ylang.



- **Vibrant Vitality Candle:** Awaken your senses and boost your mood with a blend of grapefruit, rosemary, and peppermint.

ESSENTIAL OIL CANDLE BLENDS

Sageon Candles

¼ tsp grapefruit
¼ tsp lemon
1 tsp lavender
½ tsp sage

Fireside

¼ tsp vetiver
1 tsp NL black spruce
¼ tsp black pepper

Apple Orchard

¼ tsp cinnamon
1 tsp lemon
¼ tsp clove

Avoid

¼ tsp lavender
½ tsp bergamot
¼ tsp marjoram
¼ tsp lemongrass
¼ tsp geranium
¼ tsp frankincense

Lemonade Stand

1 ½ tsp lemon
¼ tsp basil
¼ tsp spearmint



oily-chic.com

us.com

us.com

- **Grounded Serenity Candle:** Find inner peace and tranquility with this calming blend of cedarwood, frankincense, and patchouli.

Diffuser Blends: Aromatherapy in Every Breath



- **Tranquil Nights Diffuser Blend:** Drift into a peaceful slumber with a blend of lavender, chamomile, and valerian root.



- **Mindful Clarity Diffuser Blend:** Sharpen your focus and concentration with a blend of rosemary, eucalyptus, and lemon.



- **Joyful Spirit Diffuser Blend:** Uplift your spirits and melt away stress with a blend of orange, bergamot, and ylang-ylang.

Soaps: Aromatic Indulgence for Cleansed and Nourished Skin



- **Citrus Radiance Soap:** Reveal your skin's natural glow with a blend of lemon, grapefruit, and orange.



- **Tranquil Retreat Soap:** Soothe and calm irritated skin with a blend of chamomile, lavender, and aloe vera.

Pain Relief: Nature's Touch for Comfort and Healing



- **Tension Relief Blend:** Soothe away headache pain with a blend of peppermint, lavender, and rosemary.



- **Muscle Melt Blend:** Ease muscle aches and pains with a blend of eucalyptus, ginger, and peppermint.



- **Anti-Inflammatory Blend:** Reduce inflammation and soothe joint pain with a blend of turmeric, frankincense, and ginger.

Essential Oils: Nature's Gift for Holistic Well-being

- Enhance mood and reduce stress
- Promote relaxation and restful sleep

- Support a healthy immune system
- Boost energy levels and cognitive function
- Alleviate pain and inflammation
- Cleanse and purify the air
- Create a welcoming and aromatic home environment

Unlock the Secrets of Essential Oils Today

Embark on your aromatic journey with our comprehensive guide to essential oils. Discover the transformative power of nature's fragrant essences and elevate your well-being with 165 recipes for candles, diffuser blends, soaps, and pain relief. Free Download your copy today and immerse yourself in a world of aromatic bliss and holistic health.

Free Download Now

Copyright © [Your Name]



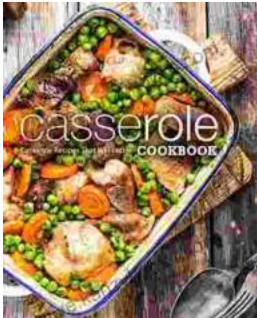
Essential Oils DIYs: 165 Recipes With Essential Oils For Candles, Diffuser Blends, Soaps, Pain Relieving Remedies, Face Creams And Masks by Barb Rogers

★★★★☆ 4.6 out of 5

Language : English
File size : 6026 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 192 pages
Lending : Enabled

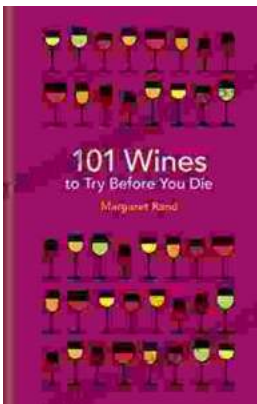
FREE

DOWNLOAD E-BOOK



Indulge in Culinary Delights: Uncover the Ultimate Casserole Cookbook

Prepare to elevate your culinary repertoire with our comprehensive Casserole Cookbook, a culinary masterpiece that will transform your kitchen into a haven of...



101 Wines To Try Before You Die: A Bucket List for Wine Lovers

Wine is one of the world's most beloved beverages, and for good reason. It's complex, flavorful, and can be enjoyed with a wide variety of...