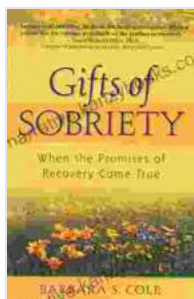


# When the Promises of Recovery Come True: A Journey of Hope and Healing

In the depths of addiction, it can be difficult to imagine a life beyond the next fix. But for those who are willing to fight for their recovery, there is hope. When the Promises of Recovery Come True is a powerful and inspiring memoir that chronicles the author's journey of recovery from addiction. Through honest and raw storytelling, the author shares their struggles, triumphs, and lessons learned along the way.



## Gifts of Sobriety: When the Promises of Recovery

**Come True** by Barbara S Cole

★★★★☆ 4.8 out of 5

Language : English  
File size : 1276 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting: Enabled  
Word Wise : Enabled  
Print length : 172 pages



The author's journey begins in the throes of addiction. They describe the desperation and hopelessness that led them to use drugs and alcohol. They also share the pain and разрушения that their addiction caused their relationships, their career, and their health.

But even in the darkest of times, the author never gave up hope. They knew that there was a better life waiting for them, and they were

determined to find it. With the help of a therapist, a support group, and their own inner strength, the author slowly began to rebuild their life.

The author's journey of recovery is not always easy. There are setbacks and challenges along the way. But through it all, the author never gives up. They learn to cope with their triggers, they build healthy relationships, and they find a new purpose in life.

When the Promises of Recovery Come True is a powerful and inspiring story that offers hope to anyone who is struggling with addiction. It is a reminder that recovery is possible, and that there is a better life waiting for those who are willing to fight for it.

## **The Promises of Recovery**

In the Big Book of Alcoholics Anonymous, there are a number of promises that are made to those who work the program of recovery. These promises include:

- We will be free from the obsession to drink.
- We will be restored to sanity.
- We will find a new purpose in life.
- We will be able to help others.

These promises are not just empty words. They are based on the experiences of millions of people who have worked the program of recovery. When we work the program, we learn how to live a life free from addiction. We learn how to cope with our problems without resorting to

drugs or alcohol. We learn how to build healthy relationships. And we learn how to find a new purpose in life.

The promises of recovery are real. They are waiting for us, if we are willing to do the work.

## **The Journey of Recovery**

The journey of recovery is not always easy. There will be setbacks and challenges along the way. But if we stay committed to the program, we will eventually reach our destination. The journey of recovery is a journey of hope and healing. It is a journey that is worth taking.

If you are struggling with addiction, I encourage you to seek help. There is hope for recovery. You can find a better life. You can live the life that you were meant to live.

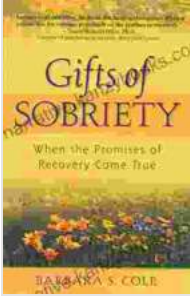
The journey of recovery begins with one step. Take that step today.

## **About the Author**

The author of *When the Promises of Recovery Come True* is a recovering addict who has been sober for over 10 years. They have worked the program of recovery and have helped countless others to find sobriety. They are passionate about sharing their story of hope and healing with others.

The author lives in the United States with their family. They enjoy spending time with their loved ones, going to the beach, and writing.

You can learn more about the author and their work at their website: .



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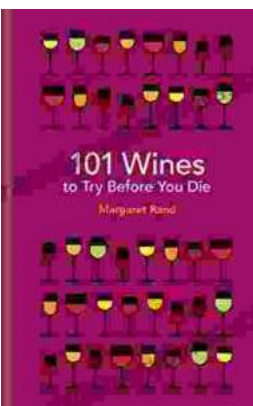
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